

Practice Good Digital Hygiene

- ❑ Be careful for following links or downloading
- ❑ Use strong password for your accounts and Wi-Fi
- ❑ Use two factor authentication when available
- ❑ Use security software and virus protection
- ❑ Look out for Phishing

SOCIAL MEDIA SAFETY



Your Social Media activity may impact your professional life or even identity.

IMPART CAUTION



If something seems too good to be true on Social Media, it probably is.

STAY AWAY



It is easy to fake on Social Media. Do not trust until you get to know the person for real. Call, email, meet them to establish connection out of Social Media.

NEVER TRUST



If you won't say it to someone publicly, don't say it online.

GOLDEN RULE

SOCIAL MEDIA SAFETY

A simple guide covering various Social Media safety & hygiene aspects for our Digital well-being.

